



NAVJIVAN ARTS & COMMERCE COLLEGE, DAHOD

[NAAC Accredited B (2.60)]

(Conducted By: Dahod Anaj Mahajan Sarvajanic Education Society)

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BEST PRACTICES OF THE INSTITUTION 2019-20

1. Title of the Practice: RUBELLA VACCINATION FOR FEMALE STUDENTS

2. Goal : The college aims to provide Rubella vaccination to the female students of the college.

3. The Context: The above practice safeguards them from Rubella a contagious, generally mild viral infection that occurs most often in children and young adults. In pregnant women it may cause foetal death or congenital defects known as congenital rubella syndrome (CRS).

There is no specific treatment for rubella but the disease is preventable by vaccination.

The rubella virus is transmitted by airborne droplets when infected people sneeze or cough.

Humans are the only known hosts. When a woman is infected with the rubella virus early in pregnancy, she has a 90% chance of passing the virus on to her foetus. This can cause miscarriage, stillbirth or severe birth defects.

4. The Practice: Every year the first year female students are administered Rubella vaccine. A single dose gives more than 95% long-lasting immunity, which is similar to that induced by natural infection. The vaccine is effective for 15- 20 years.

5. Evidence of Success: This vaccination protects them from the virus to a large extent and helps them to lead a healthy life particularly during the first trimester of their pregnancy.

6. Problems encountered and resources required: Some of the students hesitate to get themselves vaccinated so they are properly counselled and convinced and thus this problem is resolved. Sometimes mild adverse reactions of the vaccination are also evidenced like pain and redness at the injection site, low grade fever, rash etc.



1. Title of the Practice: EDUCATION FOR ALL

2. Goal: The objective of college is to give maximum admission to ST/SC/OBC/Female students.

3. The Context: The college is situated in a tribal belt which has a very high concentration of tribal students who need higher education to improve their quality of life.

4. The Practice: The college follows the guidelines of the affiliating University in giving admission to the students and maximum thrust is on ST students.

5. Evidence of Success: The ST and economically backward students from remote and tribal areas have been benefited by this practise. It has also helped them in improving their overall personality and quality of life.

Due to higher education they are able to get the state and central government jobs reserved for them.

6. Problems encountered and resources required: In spite of recruitments in Dec. 2015 there is still a shortage of teaching faculty and office Staff. At present we have only 02 permanent clerks along with 04 Ad hoc Office Assistants which is insufficient for the college of our size.



1. **Title of the Practice: Cultivating Eco Friendly Environment in the Institution**
2. **Goal:** The objective of the college is to cultivate and promote environmental awareness and reduce paper wastage.
3. **The Context:** The college is situated in a tribal scanty water belt hence the institution makes constant efforts to organize tree plantation programs every year.
The college also makes efforts to minimize paper usage and wastage thereby minimizing the total paper use.
4. **The Practice:** The college NSS/NCC units organized tree plantation program on Aug. 3, 2018 in which 150 students and the staff members participated actively.
It's a huge college with nearly 3500 students which requires lots of paper work. The waste paper includes newspapers, magazines, answer sheets, assignments, records etc. generated by academic departments, admin staff, Open University centres, library, reading room and even reprography room.
Hence it becomes necessary to have a proper waste paper disposal and reuse policy. Reduction of waste, reuse of paper and eco friendly disposal of waste paper is practiced.
5. **Evidence of Success:** Due to this practice we have a number of trees, shrubs and herbs in the campus. This helps in making the environment green and healthy.
To reduce usage of paper all types of notices, circulars, Exam time tables and even study material are sent through WhatsApp groups, SMS and college website.
6. **Problems encountered and resources required:** Serious water shortage is the biggest problem and to overcome it the institution tries its best to arrange water tankers. However we are not able to get sufficient water throughout the year barring the monsoon season.




Officiating Principal
Navjivan Arts & Commerce
College, DAHOD.